



### Weekly Planner

This weekly planner is intended to give you an idea where your free time is and an overview of activities you may be able to move around. The example on the next page is just for fun—use this template to design a plan that works for you.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Midnight							
1 am							
2 am							
3 am							
4 am							
5 am							
6 am							
7 am							
8 am							
9 am							
10 am							
11 am							
12 noon							
1 pm							
2 pm							
3 pm							
4 pm							
5 pm							
6 pm							
7 pm							
8 pm							
9 pm							
10 pm							
11 pm							



Studying and Working

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12 am	SLEEP						
1 am		SLEEP					
2 am			SLEEP				
3 am				SLEEP			
4 am					SLEEP		
5 am						SLEEP	
6 am							
7 am	Breakfast, get ready for work	Breakfast, get ready for work	Breakfast, get ready for work	Breakfast, get ready for work	Breakfast, get ready for work	SLEEP	SLEEP
8 am	Travel to work	Travel to work	Travel to work	Travel to work	Travel to work	Breakfast	Breakfast
9 am	Work					Leanne's netball	
10 am			Work				
11 am					Work	Morgan's football	
12 noon	lunch/walk	lunch/walk	lunch/walk	lunch/walk	lunch/walk	lunch	lunch
1 pm	Work					Housework	Keep this free & use when more study needed: assign/ exams
2 pm			Work			Grocery snopping	
3 pm					Work		(Get up on Sun am still free)
4 pm	Travel home	Travel home	Travel home	Travel home	Travel home		(for errands/playing with the kids)
5 pm							Making dinner
6 pm	clean up	Dinner and clean up	Dinner and clean up	Dinner and clean up	Dinner and clean up	Get takeaways	Dinner and clean up
7 pm						Family movie night	
8 pm	Getting kids to bed	Getting kids to bed	Getting kids to bed	Getting kids to bed	Getting kids to bed		Getting kids to bed
9 pm	Game of Thrones 8:30		Ask your partner if they can be 'on duty' these days – 3 solid hours of study time			Getting kids to bed	←
10 pm	Tidying up/ ready for bed	Tidying up/ ready for bed	Tidying up/ ready for bed	Tidying up/ ready for bed	Tidying up/ ready for bed	Tidying up/ ready for bed	Tidying up/ ready for bed
11 pm	SLEEP			SLEEP			SLEEP

New episodes of Legion Thurs night— save and watch Sun night

Studying full time on campus

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12 am	SLEEP						
1 am		SLEEP					
2 am			SLEEP				
3 am				SLEEP			
4 am					SLEEP		
5 am						SLEEP	
6 am							
7 am	Breakfast, get ready for Uni	Breakfast, get ready for Uni	Breakfast, get ready for Uni	Breakfast, get ready for Uni	Breakfast, get ready for Uni	SLEEP	SLEEP
8 am	Travel to Uni	Travel to Uni	Travel to Uni	Travel to Uni	Travel to Uni	Breakfast	SLEEP
9 am	study					Sports	SLEEP
10 am		Lectures/ study				Sports	Brunch
11 am			Lectures/ study				Grocery shopping
12 noon				Lectures/ study		lunch	
1 pm					Lectures/ study	Housework	Keep this free & use when more study needed: assign/ exams
2 pm							
3 pm						Volunteer work	
4 pm	Travel home	Travel home		Travel home	Travel home	Volunteer work	)
5 pm			Travel home			work	dinner
6 pm	Dinner and clean up	Dinner and clean up	Dinner and clean up	Dinner and clean up	Dinner and clean up	Get takeaways	Dinner and clean up
7 pm	Study		Study	Club meeting	Study	Movie night	
8 pm		Indoor sports				Movie night	
9 pm		Indoor sports				Movie night	←
10 pm	Tidying up/ ready for bed	Tidying up/ ready for bed	Tidying up/ ready for bed	Tidying up/ ready for bed	Tidying up/ ready for bed	Tidying up/ ready for bed	Tidying up/ ready for bed
11 pm	SLEEP			SLEEP			SLEEP

New episodes of Legion Thurs night— save and watch Sun night